

This journal belongs to:

Get Out!

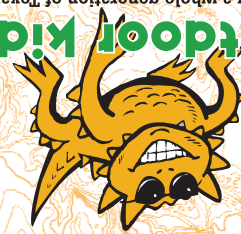


**SP!K!**  
**outdoor**  
TEXAS PARKS AND WILDLIFE

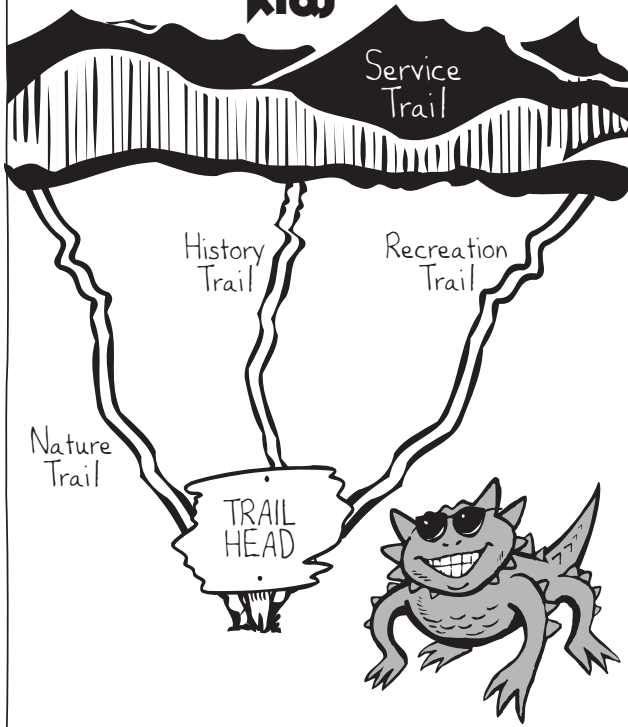
4200 Smith School Road  
Austin, Texas 78744  
www.tpwd.state.tx.us



educating a whole generation of Texans to  
**outdoor kids**  
Get Out!



### Trails of the **outdoor kids**



For more information about the  
**outdoor kids**  
program, write to us by mail or e-mail:

Texas Parks and Wildlife Dept.  
Outdoor Kids Program  
4200 Smith School Road  
Austin, Texas 78744

E-mail:  
outdoorkids@tpwd.state.tx.us





**MILESTONE 1**

You get to pick one activity you want to do in each of the three trails. It's up to you which one to do. After you complete an activity in each of the three trails on this Milestone you are half way to being an official Outdoor Kid!

Examples of things you can do on Milestone 1:

- ▼ Go fishing
- ▼ Go hiking
- U Visit a state historic site
- 🌿 Watch birds at a feeder
- ▼ Go camping
- 🌿 Visit a fish hatchery
- U Visit a history museum
- ▼ Go boating
- 🌿 Find the Big Dipper
- 🌿 Measure a dinosaur track
- 🌿 Find 3 types of butterflies

Visit the Texas Parks and Wildlife Dept. Outdoor Kids Web pages for more ideas on things to do to complete Milestone 1: [www.tpwd.state.tx.us](http://www.tpwd.state.tx.us)

**MILESTONE 2**

When you complete Milestone 1 you are ready for the next challenge, where you have to learn real skills. Pick one activity in each of the three trails. Have a parent or adult leader sign and date each completed page. You must complete a total of three Milestone 2 activities, one on each trail, to become an Outdoor Kid.

Examples of things you can do on Milestone 2:

- U Take a guided tour of a park or natural area
- ▲ Learn how to set up a tent
- U Dip a candle, make a cornhusk doll, make butter
- ▲ Become a Junior Angler
- 🌿 Keep a wildlife journal
- ▲ Learn to mountain bike safely
- 🌿 Draw and learn the names of wildflowers or animals

Visit the Texas Parks and Wildlife Dept. Outdoor Kids Web pages for more ideas on things to learn to complete Milestone 2: [www.tpwd.state.tx.us](http://www.tpwd.state.tx.us)

Trail as a whole. Completing a Milestone 2 activity on each trail completes the journey toward becoming an official Outdoor Kid.

**Milestone 3**

This is the SERVICE phase of the program - This is where the Outdoor Kid puts his or her awareness, knowledge and skills to use by working on a service project that enhances or educates others about our natural or cultural resources. This should involve others and help conserve Texas nature and culture (or history), leaving it in better shape for the next generation of young people.

Milestone 3 service projects are encouraged but not required. Their reward is in helping others and strengthening the character of the service provider.

"The end of all education should surely be service to others."

- Cesar E. Chavez

\*The last pages in this journal are for Milestone 3 planning, so a record of all Outdoor Kids adventures can be kept together.

**FOR ADULT LEADERS**

Outdoor Kids is a Texas Parks and Wildlife Dept. initiative that provides and facilitates experiences for youth to increase their appreciation, knowledge and participation in outdoor recreation and the conservation of natural and historical resources of Texas. But teachers, parents and adult leaders are the key to the success of Outdoor Kids.

The Outdoor Kids Journal is a self-paced program. "A journey of a thousand miles begins with a single step."

**Milestone 1**

This is the DISCOVERY phase of Outdoor Kids - to reach this milestone, the young person must participate in an activity and gain awareness about some part of the "trail" he or she is on. Completing one Milestone 1 activity on each trail -- The Nature Trail, The History Trail and The Recreation Trail -- is only half of the journey.

**Milestone 2**

This is the LEARNING phase - to reach this milestone, the young person must participate in an activity and develop knowledge and skills about the

# USING THE JOURNAL TO BECOME AN OUTDOOR KID

On the previous pages there were lots of suggestions on how you can complete your Milestone 1 and Milestone 2 activities.

"Tell What You Did" pages are there for you to jot down things you learned or might want to remember. "What Did You See" pages are for you to draw or describe the birds, mammals or other historical or natural points of interest you have seen.

You can also use these pages to remember things you saw; for example, if you located a particular constellation in the night sky, you could draw the star pattern on a notes page and use it another night to find the same constellation.

When you and your parent or adult leader decide Milestones 1 and 2 have been successfully completed on all three trails, print out your certificate from our Web site.

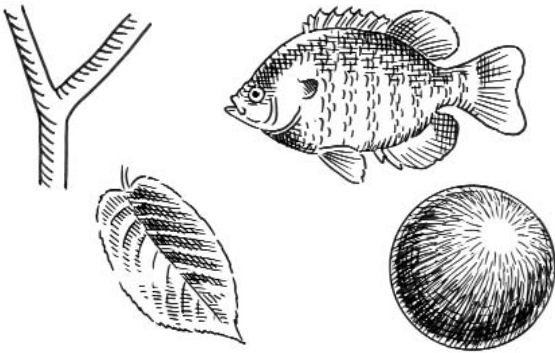
What I liked best:



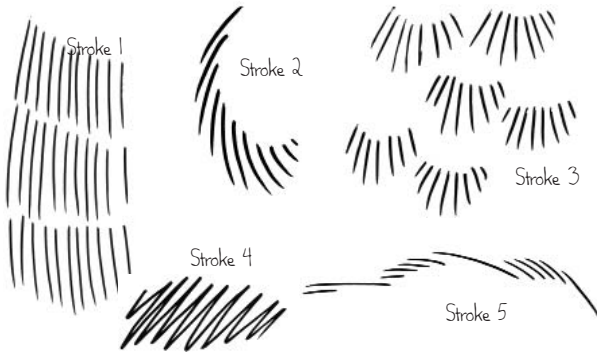
Lined writing area for journaling.

## Basic steps for sketching

Examples of shading



Try these shading strokes to sketch a bird.



Sketch what you see.


Lined writing area for sketching.

RECREATION  
MILESTONE










NATURE MILESTONE

Sketch what you see.



HISTORY TRAIL 2

Youth Signature


Adult Signature

Date

What did you do?

What did you do?

HISTORY TRAIL 1




Youth Signature


Adult Signature

Date

Sketch what you see.

NATURE MILESTONE






HISTORY MILESTONE

Sketch what you see.

NATURE TRAIL 2




Youth Signature \_\_\_\_\_

Adult Signature \_\_\_\_\_

Date \_\_\_\_\_

What did you do?

RECREATION TRAIL 1




Youth Signature \_\_\_\_\_

Adult Signature \_\_\_\_\_

Date \_\_\_\_\_

What did you do?

RECREATION MILESTONE



Sketch what you see.